

Please visit the PBHS website to view current events:

<http://pbhs.slcsd.org/>

### Counseling Services available at PBHS

Hello, my name is Christina Azruel and I am excited to be your Student Support Counselor this year. I can see students who are dealing with a variety of personal problems, including those related to conflict with others, depression, anxiety, grief, recent life changes, alcohol and/or drug use, etc.

I can see students individually and/or in small groups as well as assist students and their families with getting connected to a variety of community resources. I work with students to develop life skills, skills in decision-making and conflict resolution.

Counseling support on campus is voluntary and free to any student. If you feel that you can benefit from additional support while at school, please talk with me, your teachers or the school office about how to sign up.

### Cuesta College Night

Are you considering pursuing a bachelor's degree? Attend the **Community Foundation's annual College Night Oct 28** and visit with college representatives between 5:30 – 8:00 p.m. Workshops will be held from 5:00 to 7:45 on various college preparation topics.

[www.collegenightslo.com](http://www.collegenightslo.com)

## PACIFIC BEACH HS

### Bear Facts Newsletter

Oct 2019

#### PARENT TECH QUESTIONNAIRE

SLCUSD is partnering with **BrightBytes** in order to learn more about our students' school and home technology use for learning.

We are reaching out to ask parents and guardians to take part in a school questionnaire.

All responses will remain anonymous. It will take approximately 5 minutes to complete.

The last day to complete this questionnaire is **November 30, 2019**. Please go to:

[www.BByt.es/RA6WP](http://www.BByt.es/RA6WP)

#### Cuesta Promise & Early Graduates

The PROMISE scholarship program will now cover tuition the **first two years** for SLO County high school graduates.

**\*\*Please note:** Students who graduate this fall who plan to start Cuesta spring 2020, will receive their Cuesta Promise starting the next fall 2020 semester. File the 2019-2020 FAFSA or CADAA to see if you qualify for the spring 2020 state CA Promise waiver! Tuesday Nov 12, Cuesta Enrollment Specialists will be at PBHS for a short presentation and to assist this year's graduates complete the online application (bring SSN!).

#### Dates to Remember

- 10/18 Graduates: Cuesta Promise Field Trip
- 10/21 Start 2nd Quarter
- 10/22 Presentations: Laurus College & CA Conservation Corps
- 10/28 College Night @ Cuesta
- 11/3 Daylight Savings Time ends -clocks fall back one hour
- 11/8 Professional Development Day: **\*No school for students\***
- 11/11 Veteran's Day Holiday-No School
- 11/12 Minimum Day – AM Only:  
All students attend in the AM  
-Military Presentations  
-Cuesta Application Day
- 11/13 AM-PM Day  
Mid-Quarter Credit Check
- 11/14 1<sup>st</sup> Cash for College Night @ Cuesta, Thursday, 4-7 pm  
FAFSA / Dream Act Filing
- Nov 25-29 Thanksgiving Break

#### \$ Cash for College Night \$

To assist in completion of the **FAFSA** and **Dream Act** applications, Cuesta College is holding a walk-in, filing night in their High Tech Center on Thursday **Nov 14th** between 4:00 - 7:00 p.m. Bring a completed worksheet and the items listed on the flyer.

**This is a PROMISE requirement!**

#### ASVAB

The **Armed Services Vocational Aptitude Battery** will be held **Wed, Dec 4th** at 8:15 a.m. in the **PBHS computer lab**. Please sign up in the Career Center by **November 20th**.