

# PACIFIC BEACH HS

## Bear Facts Newsletter

### October 2018

#### Counseling Services Available at PBHS

Hello, my name is Christina Azruel and I am excited to be your Student Support Counselor this year. I can see students who are dealing with a variety of personal problems, including those related to conflict with others, depression, anxiety, grief, recent life changes, alcohol and/or drug use, etc.

I can see students individually and/or in small groups as well as assist students and their families with getting connected to a variety of community resources. I work with students to develop life skills, skills in decision-making and conflict resolution.

Counseling support on campus is voluntary and free to any student. If you feel that you can benefit from additional support while at school, please talk with me, your teachers or principal about how to sign up.

#### Cuesta College Night

Are you considering pursuing a bachelor's degree? Attend the **Community Foundation's** annual College Night 10/29 and visit with college representatives between 5:30 – 8:00 p.m.

Workshops will be held from 5:00 to 7:45 on various college preparation topics.

[www.collegenightslo.com](http://www.collegenightslo.com)

#### Good News!!

The PBHS parking lot will be totally repaved the week of Nov 7 through Nov 13th. The entire front entrance to the school will be fenced off. Access to the school will be from the rear gates (by the sewing room). You will need to be dropped off near the Vicente parking lot and walk *quietly* through their campus. Parking will be on the street on Garcia and Vicente. Please add 10 minutes to your schedule to get to school on time.

**DO NOT PARK  
in the Vicente school lot!!!!**

#### The California College Guidance Initiative (CCGI)

is a state-wide, equity-focused, non-profit that manages the state of California's college and career planning platform, CaliforniaColleges.edu. The web-based platform offers students, families, and educators a **unified platform for facilitating and tracking students' college and career preparation, application and transition.**

San Luis Coastal Unified School District (SLCUSD) is a CCGI partner district, which gives your student and you access to valuable tools and resources to support college and career planning. Students and families will be able to view progress towards meeting the "a-g" course requirements, including those courses that do not meet the requirements, and quickly communicate questions and concerns with advisors.

#### Cuesta Promise & Early Graduates

The PROMISE scholarship program will now cover tuition the **first two years** for SLO County high school graduates.

**\*\*Please note: Students who graduate this fall who plan to start Cuesta spring 2019, will receive their Promise starting the next fall 2019 semester. File the 2018-2019 FAFSA or CADAA by 11/2 to see if you qualify for the spring 2019 BOG waiver!**

-Tuesday 11/6 Cuesta Counselors will be at PBHS giving a presentation to all seniors. Wednesday 11/7 we will be completing the **online application (bring SSN!).**

#### Dates to Remember

- 10/17 Start 2nd Quarter
- 10/19 Graduates: Cuesta Promise Field Trip
- 10/29 College Night @ Cuesta
- 11/2 Professional Development Day: **\*No school for students\***
- 11/4 Daylight Savings Time ends -clocks fall back one hour
- 11/6 Minimum Day – AM Only Cuesta Application Day
- 11/7 AM-PM Day: Mid-Quarter Credit Check Cuesta Application Day
- 11/12 Veteran's Day Holiday-No School
- 11/15 Cash for College Night: @ Cuesta, Thursday, 4-7 pm FAFSA / Dream Act Filing
- Nov 19-23 Thanksgiving Holiday
- 12/21 Minimum Day